



Behavioral Health Board – Region 3 **Serving Adams, Canyon, Gem, Owyhee, Payette** **and Washington Counties**

CHILDREN’S MENTAL HEALTH AND PROVIDER SUB-COMMITTEE **MEETING MINUTES** **Wednesday, April 22, 2020**

Present: Jeff Cappe, Kelly Aberasturi, Joy Husmann, Sam Mauk, Sydney Young, Amanda cmh, Brenda Wilson, Daphne Lightfoot, Camryn, Megan Gomeza, Laura Raynor, Penny Jones, Melissa Mezo, Surahbi Malesha

ELECT CHAIR POSITION FOR THE CMH/P SUBCOMMITTEE

Joy Husmann presented. The Subcommittee is needing the Chair position filled for the Children’s Mental Health. The subcommittee meetings can change dates to accommodate the Chair’s schedule. The Chair will also make sure the Strategic plan/PFS grant/action plan is completed. Please reach out to Joy Husmann or Linda Pratzner if you are interested in the Chair position to the Children’s Mental Health/Provider Subcommittee.

REVIEW PARTNERSHIP FOR SUCCESS ACTION PLAN 2020

Strengthening Families is still being done by the Nampa Housing Authority. DITEP training in school; one school is complete and two have cancelled (this will continue for the next fiscal year). Be the Parent Media campaign; Convo cards have been distributed, the billboards were purchased and the coffee sleeves also were distributed and newspaper ads have been placed. Peachjar credits have been purchased but the media Jeff Cappe has is not compatible. Jeff Cappe is working to change the format to use with Peachjar before the end of the year. The Mayor’s Youth Advisory Council; the City of Wilder was interested before the new mayor elected in November 2019. Jeff Cappe met with him in January and the mayor is interested, then the schools closed. Wilder has a 70% turnover rate because of the transient migrant worker force. Joy Husmann suggested to find a more stable school. The Marsing Mayor is on board, but then the school closed due to COVID-19. At their last site visit it was suggested to work with these kids through virtual media. The Idaho Youth Summit; Jeff Cappe was meeting with the kids over at the Caldwell MYAC and they were going to help create an application and screening process to send kids to the summit and then school was cancelled. This project was postponed until Fall 2020. Council Bike Day was cancelled but this still can be met by delivering the bike bags to the parents. Jeff has the bags and will fill them with bracelets from Optum, Crisis Center brochures, activity guides from Be the Parents and a deck of convo cards, then deliver 140 bags to the school to pass out to meet this deliverable. Resource Card demo; Joy Husmann presented. This card will be with the lunches kids pick up at school or in their homework packet to reach high-risk kids to visit the behavioral health board website for additional resources. These resource cards will be included in the bike bags. Please email ideas to Jeff Cappe on the text for the resource card. This is also can be handed out at libraries. Jeff Cappe can make these resource cards as bookmarks. Every 15 minutes’ program was cancelled due to school closure, but Jeff Cappe plans to do this in the next fiscal year. Based on Camille’s recommendation from ODP that holding this for one school and seeing what happens is the best thing. Deterra Drug Deactivation Pouches will not be continued to be supported by ODP because it is not evidence based and have no way of knowing if the pouches are being used. Mental Health Screenings; Joy presented. Reached out to 10 different schools from Jeff’s initial survey who were interested in receiving prevention resources from this grant and the BHB. We have two providers step up who are school based and are working with the schools to deliver an electronic survey which is a replica of the PHQ9 for depression screening. It was decided that providers who were going to be delivering and scoring the screening and then reaching back out to the adolescent 14-20 that they would be reimbursed \$60.00. If the school had decided to utilize their counselors and reach out to the kids for referral, then they would be reimbursed \$45.00. There is a total of \$30,000 and looking at 500 surveys. For next year this was put in the action

plan based on what happens this year. One of our providers in Payette was able to get permission from three schools to send the survey out and have had 83 responses with six follow ups. Parent Learning Sessions was not done by the 2C DFC. Jeff met with Jermaine Galloway and have contracted with him to put together a recorded presentation to send to the parents and the kids to watch to meet this deliverable. The Chronic State viewing event was not accomplished this year by the 2C DFC. Jeff will send a link to the video and they will survey for parents to watch it with their kids at least the Nampa and Caldwell school kids via Peachjar. The Mental Health First aid trainings we cannot do them because there is not an online version available yet so they are going to utilize SafeTalk and Jeff Cappe has created a flyer with a link to sign up. The email is sent to Jeff and once he gets those emails he will purchase licenses (\$20 per person) for people to take training online. Jeff is able to track who does the online training. There is \$25,000 not allocated; Jeff Cappe will ask why this amount is not allocated.

Action: Linda Pratzner will put Student Support flyer in Spanish and English on the Behavioral Health Board website.

REVIEW PARTNERSHIP FOR SUCCESS ACTION PLAN 2021

Did not get to this topic.

STRATEGIC PLAN/ACTION PLAN

Did not get to this topic.

Action: Linda Pratzner will send the invite out for the next CMH/P Subcommittee meeting.

Next meeting scheduled: Wednesday, May 27, 2020 at 12:00 p.m., Southwest District Health Canyon Room