



## Behavioral Health Board – Region 3 Serving Adams, Canyon, Gem, Owyhee, Payette and Washington Counties

### Meeting Minutes August 26, 2020

#### Region 3 Behavioral Health Board member's attendance call:

Kelly Aberasturi  
Penny Dunham  
Joy Husmann  
Cynthia Mauzerall  
Laura Raynor  
Lina Smith  
Michelle Sundquist  
Alex Zamora

Chuck Christiansen  
Richard Ferrara (absent)  
Penny Jones (absent)  
Melissa Mezo  
Mark Rekow (absent)  
Aaron St. George  
Heather Taylor

Greg Dickerson  
Jeri Gowen  
Tricia Lofton  
Chris Partridge  
Marc Shigeta  
Dahlia Stender  
Susan Wiebe

#### Others present:

Jeff Cappe  
Megan Segars  
Lori Farrens  
Wendy Stoneberg

Mindy Oldenkamp  
April Auker  
Ryan Hulbert

Nikki Zogg  
Brooke Bennett  
Ali Shields

#### CALL TO ORDER:

Melissa Mezo called the meeting to order at 10:01 a.m. There was enough presence for a quorum after taking an attendance call.

#### ACTION ITEM: REVIEW AND APPROVE 07/22/2020 BOARD MEETING MINUTES

There were no changes to the 07/22/2020 Behavioral Health Board (BHB) meeting minutes.

#### MOTION:

The minutes for 07/22/2020 were approved. Motion carried by unanimous approval.

#### ACTION ITEM: LETTER OF SUPPORT

There was a request for a letter of support for telehealth parity in Idaho from the Department of Health and Welfare. There are some concerns that telehealth will not be paid for by insurance companies after the end of this year. Region 4 Behavioral Health Board has already submitted their letter of support. Telehealth helps with the no-show rate of clients and transportation barriers. There is a sample letter of support provided for the Behavioral Health Board Chair to sign before December 2020.

#### MOTION:

The letter of support for telehealth parity was approved. Motion carried by unanimous approval.

Action: Linda Pratzner will obtain the sample letter of support for the Chair and Vice Chair to review and sign.

**ACTION ITEM: APPROVAL OF BOARD APPLICATION FOR PARENT OF A CHILD WITH SUBSTANCE USE DISORDER**

The board reviewed the application submitted for the Parent of a Child with SUD. The application was from Shawnee Magee from Terry Reilly Health Services. The Executive Committee reviewed the application and recommended for approval to the full Board.

**MOTION:**

The application for the Parent of a Child with Substance Use Disorder was approved. Motion carried by unanimous approval.

**DISCUSSION ITEM: EMERGENCY EXECUTIVE COMMITTEE MEETING UPDATE**

Melissa Mezo presented. On August 13<sup>th</sup> the Executive Committee members held an emergency meeting to decide the winners of the ICADD Virtual Conference scholarships. There were six applications submitted for review and all six were approved; five of the six applicants were from Region 3 and one was from Region 2. All six virtual ICADD applications were approved to attend. Registration cost is \$150.00 per person. Lina Smith had asked about one of her employee's application submitted for the ICADD scholarship. This application was submitted in March for the conference in Boise which was canceled due to COVID. The Board decided not to approve the application for the actual ICADD Conference that was submitted in March 2020.

**EXECUTIVE COMMITTEE UPDATE**

The Executive Committee reviewed the attendance roster; there were no concerns. There was discussion on the application for the Parent of a Child with SUD. The Executive Committee recommended the application for approval to the full board. The Code of Conduct and Conflict of Interest forms deadlines were discussed. The Bylaws do not state a deadline for the forms. The Bylaws are reviewed yearly in January and will include a timeframe for these forms to be signed and returned. There was a private Executive Session before the Executive Committee meeting to discuss a code of conduct issue. The Board was asked to engage in cultural sensitivity training. This will be a topic on an upcoming BHB meeting and will be an ongoing agenda item. Send any training resources to Linda Pratzner for consideration. Melissa Mezo disclosed to the board there was an attorney expense with regards to today's private Executive Session. The Board decided to commit financially to any equity and inclusion training for a future board meeting. The Budget Subcommittee can meet and review the financial aspect of these trainings and make recommendations to the full Board.

**ANNUAL PRESENTATION BY SOUTHWEST DISTRICT HEALTH DIRECTOR**

Nikki Zogg presented. The District's role in public health is to control the spread of diseases in our community to prevent disability and work to provide education for guidance based on the most current evidence. The District does a lot of work providing data and information to the public and help manage federal assets needed to be distributed when supplies are sparse in Region 3. The District will also have a role when a vaccine is developed for COVID-19. Currently, the District is managing resources for testing. Nikki reviewed the SWDH website and the Dashboard detailing COVID-19 cases in SW Idaho. SWDH also monitors the positivity rate of those COVID-19 tests coming back positive. The District is currently investigating an increasing trend of hospitalizations; the population being hospitalized are in their 30s and 40s.

SWDH have added 30-40 employees for investigating and monitoring COVID-19 trends. The District is using the Incident Command System to manage the COVID-19 pandemic. SWDH has been working on a Community Needs Assessment in collaboration with St Als and United Way of Treasure Valley which has been published on the United Way website. The Community Needs Assessment identified six priority areas to improve the health of the community: affordable safe housing and homelessness; wages and job availability; cost of living, mental health and substance abuse, access to affordable health care including behavioral health care and dental; and childhood education.

### **REVIEW MONTHLY REVENUE/EXPENSE AND FISCAL REPORT**

Troy Cunningham, SWDH Finance Manager presented the BHB budget. The Personnel expenditures were \$1,937.75 and Operating expenditures were \$538.00 for a total of \$2,466.23 for July 2020. The current budget is still set at \$50,000 for FY2021. There is a carryover from the last fiscal year. Troy needs to get approval from the Board of Health to carry that forward for the amount of \$10,836.00.

### **CHILDREN'S MENTAL HEALTH/PROVIDER (CMH/P) SUBCOMMITTEE UPDATE**

Joy Husmann presented. The CMH/P subcommittee will be reviewing the Strategic Plan because the Gaps and Needs Analysis is due at the end of September. At the last State Behavioral Planning Council meeting the format for the Gaps and Needs Analysis was not announced. The subcommittee will look into how the PFS grant has effected the Strategic Plan. The Board had an opportunity to take a survey for the PFS grant and only ten responses out of 23 Board members were received. Another survey will be sent out to the board members.

### **DIVISION OF BEHAVIORAL HEALTH (DBH) BOARD UPDATE**

Mindy Oldenkamp presented the update. DBH has also asked for the updated format to the Gaps and Needs Analysis from the Idaho Behavioral Health Planning Council; the Behavioral Health Board Leadership meeting is scheduled for tomorrow and more information will be provided on the format. The focus continues to be on COVID-19 related resources that are available and distributing this information. Through a grant offered by SAMHSA there was some additional funding earmarked for SUD services for Idahoans impacted by COVID-19.

### **STATE BEHAVIORAL HEALTH BOARD UPDATE**

Joy Husmann presented. Joy Husmann will distribute the minutes describing the differences between the Governor's Behavioral Health Board Council versus the Idaho Behavioral Health Planning Council. The Idaho Behavioral Health Planning Council will stay intact which the Behavioral Health Boards report to.

### **RECOVERY CENTER UPDATES**

Aaron St. George presented. The recovery center located in Homedale is becoming more established. They are busy coming up with a Recovery Event for September which is Recovery month. They are looking into an event at the park or downtown Caldwell at the Indian Creek Plaza for Recovery Day. Aaron will send a flyer to Linda Pratzner for distribution.

### **COUNTY COMMISSIONER UPDATES**

Marc Shigeta presented. The budget is complete for their county and was submitted for print. There was a 25% increase for their county due to the rodeo. Another contributing factor is there are a lot of Payette residents who work in Malheur County. Kelly Aberasturi has not seen any

COVID-19 spikes for Owyhee county. He suggested to work together for this COVID-19 pandemic and be mindful of store requirements to wear a mask.

### **WESTERN IDAHO COMMUNITY CENTER UPDATE**

No presentation.

### **PARTNERSHIP FOR SUCCESS (PFS) GRANT**

Jeff Cappe presented. The Bookmarks will be printed in Spanish and completed by the end of the week. Tonight at the O'Connor Field House the Caldwell's Mayor Youth Advisory Council is holding a "Sticker Shock" campaign. The stickers will be placed into bags used by liquor stores. The drug boxes have arrived and once the "Lock Your Meds" flyers are completed then the boxes can be distributed. There are around 70 lock boxes at \$8.00 each. The next step is who will receive these boxes. Please email [jeff.cappe@phd3.idaho.gov](mailto:jeff.cappe@phd3.idaho.gov) for lock boxes.

### **YOUTH EMPOWERMENT SERVICES (YES) PROGRAM – WRAPAROUND AND REFERRAL PROCESS**

April Auker, YES program specialist presented. Wraparound in Idaho is a planning process for multi-systems involved youth and families. The families' ideas about what they need and what would be helpful drive the work. The family works with a wraparound care coordinator to bring together providers to support them. Some of the criteria for Wraparound – Does the youth have coordination needs? Is the youth a 3 on the CANS? Would the family/youth benefit from a planning process? This is a voluntary process and not court mandated. This is a 14-month program. If you would like to identify a family who meets the criteria please contact [april.auker@dhw.idaho.gov](mailto:april.auker@dhw.idaho.gov)

### **COMMUNITY PARTNERS' UPDATES**

Ambitions of Idaho have a new teen LGBTQ group via telehealth and a new 12-week anger management group via telehealth.

### **ADJOURNMENT**

There being no further business, the meeting adjourned at 11:58 a.m.

**NEXT MEETING:** The next Behavioral Health Board meeting is scheduled for Wednesday, September 23, 2020 at 10:00 a.m.