



Behavioral Health Board – Region 3 Serving Adams, Canyon, Gem, Owyhee, Payette and Washington Counties

Meeting Minutes September 23, 2020

Region 3 Behavioral Health Board member's attendance call:

Kelly Aberasturi	Chuck Christiansen	Greg Dickerson (absent)
Penny Dunham	Richard Ferrara	Jeri Gowen
Joy Husmann	Penny Jones	Tricia Lofton
Cynthia Mauzerall (absent)	Melissa Mezo	Chris Partridge
Laura Raynor	Mark Rekow (absent)	Marc Shigeta (absent)
Lina Smith	Aaron St. George (absent)	Dahlia Stender
Michelle Sundquist (absent)	Heather Taylor	Susan Wiebe
Alex Zamora		

Others present:

Jeff Cappe	Wendy Stoneberg	Clarissa Grange
Starr Shepard	Lillian Tomey	Megan Segers
Mindy Oldenkamp	Cydney Lopez	Jake Jacobs
Shawneen Magee		

CALL TO ORDER:

Melissa Mezo called the meeting to order at 10:08 a.m. There was enough presence for a quorum after taking an attendance call.

ACTION ITEM: REVIEW AND APPROVE 08/26/2020 BOARD MEETING MINUTES

There were no changes to the 08/26/2020 Behavioral Health Board (BHB) meeting minutes.

MOTION:

The minutes for 08/26/2020 were approved. Motion carried by unanimous approval.

ACTION ITEM: APPROVAL OF CALENDAR YEAR DATES FOR BHB MEETINGS 2021

The meeting dates for 2021 were presented to the board. The meetings will take place fourth Wednesday of each month with the exception of November. The meeting date for November is scheduled for the third Wednesday of the month due to the holiday. There is not a meeting scheduled for December.

MOTION:

The meeting schedule for 2021 was approved. Motion carried by unanimous approval.

Action: Linda Pratzner will post the approved dates.

DISCUSSION ITEM: CURRENT MEMBERSHIP/TERM EXPIRATION DATES/NOMINATIONS FOR EXPIRED TERM DATES

The board reviewed the nine positions due to expire at the end of 2020. The following positions have expired term dates: the Family Member of an Adult Mental Health Consumer; the Payette County Commissioner; the Parent of a Child with Mental Health; the Owyhee County Commissioner; the Gem County Commissioner; the Adult Substance Use Disorder Consumer; the Adult Corrections; the Parent of a Child with Substance Use Disorder; and the Education Representative. All board members agreed to continue as board members with the exception of the Owyhee County Commissioner and the Family Member of an Adult Mental Health Consumer representative. The Gem County Commissioner has been contacted to inquire whether he will continue to serve on the board; there has been no response. The Chair and Vice Chair will be open for nominations at the end of the year. These two positions will require nominations and a vote prior to the November Board meeting as the new term date starts January 2021. The Vice Chair recommended to have nominations sent to Linda Pratzner with a due date and then at the October Board meeting announce the nominations. Both the current Chair and Vice Chair are willing to continue in their current positions. The nominations will be turned into the Chair for consideration and then move forward with discussing with those who have been nominated.

Action: Linda Pratzner will send an email out for the open Family Member of an Adult Mental Health Consumer position for recruitment or nominations. The Owyhee County Commissioner will reach out to the Canyon County Commissioners to recruit for the open Commissioner position.

EXECUTIVE COMMITTEE UPDATE

Reviewed board members code of conduct, conflict of interest follow-up, and board participation. Paperwork for Aaron St. George and Shaunie McGee was completed and returned to Linda by deadline set last month. Being on the board is a commitment of three to six hours outside of regular job duties. Melissa signed a letter of support for Tele-Health Parody and given to Linda. Joy reported that all regions in the state have supported letter and all have provided letters of support, along with Region 3. Action item for cultural sensitivity training has been moved to the next Executive meeting – time did not permit to review. Agreed that the executive committee would like to move forward with cultural diversity training. Per budget subcommittee held last month, there is funding available. There is concern with the cost at \$550 or \$600/ hour. Chris Partridge mentioned there is federal funding that can be used for cultural diversity training. Chris will provide copy of the presidential declaration and will provide to Linda, who will share with the board.

Alex Zamora provided feedback on the cultural sensitivity update. Feels the board is doing a disservice by prolonging the topic. Expressed concern about the excessive legal fees to deal with the complaint. Believes the work should not be reactive, but rather proactive. Expressed that diversity and inclusion is professional work and should be compensated as such. He would like that the board be committed to doing the work as it is becoming more apparent that the work is necessary. Melissa stated the executive committee, full committee, and budget subcommittee have agreed to the training. The legal fees incurred last month totaled roughly \$96.

BUDGET SUBCOMMITTEE UPDATE

Chuck Christiansen presented. Budget committee met last week to look at carry-over from last year. Approximately over \$10,000 according to Troy's best estimate. Looked at expenditures and what the board is obligated to spend through fiscal year 2021. The committee determined that the board would have enough money to meet expenditures and there will possibly be some left over. No certain how much, but will know more in three to four months. The committee looked at travel reimbursement and it should be easily covered. Discussed money available for cultural sensitivity training and determined based on the two recommendations presented to the committee there is funding to support a training.

REVIEW MONTHLY REVENUE/ EXPENSE AND FISCAL REPORT

Troy Cunningham presented. He brought the carry-over request to the board of health and it was approved. Troy discussed with several counterparts across the state the need for boards to request for carry-overs and many reported back being in a similar situation. Troy expressed confidence in the budget subcommittee's objectives and goals. There is only \$50,000 loaded for this fiscal year. Expenditures to date are approximately \$7,862. There are some formula issues that Troy is working on resolving.

CHILDREN'S MENTAL HEALTH/PROVIDER (CMH/P) SUBCOMMITTEE UPDATE CAPACITY SURVEY FOR PFS STRATEGIC PLAN REVIEW/ PFS GRANT GOALS/ SURVEY

Joy Husmann presented. Added the Partnership for Success to the work of the CMH/P subcommittee. Joy will continue to remain Chair of CMH subcommittee. There are five interns from Recovery of Life to help support the grant. CMH did not get the requirement for Gaps and Needs Analysis format until the end of August. CMH will be putting a gaps and needs analysis together and send out surveys in September. Will vote in October to move the analysis forward to the state behavioral health planning council. There was a capacity survey done for the PFS grant and only 10 of 23 board members completed the survey. There were comments on the survey that the board had little to no understanding of the PFS grant. The Strategic Plan Survey was completed on 08/30/2019 and there 27 responses out of 151 surveys. Joy reviewed the main goals identified in the 2019 Strategic Plans and what has been to meet those goals.

Board members discussed focusing efforts on suicide prevention for adolescents and identifying resources in the community.

COUNTY COMMISSIONER UPDATES

Kelly Aberasturi presented. He attended a Zoom meeting on CHAT for his area. The schools are involved in the CHAT. Kelly expressed that there is a large population of Hispanics in that area, but is struggling with engagement from the community. He expressed concern that members of the Hispanic population are in the country illegally and fear retribution for seeking services. The coalition is working to bridge the gaps in the community.

RECOVERY CENTER AND RECOVERY SUBCOMMITTEE UPDATES

No presentation.

COMMUNITY PARTNERS' UPDATES

Optum Idaho website is live with links to mental health resources. Region 3 is working to have community/ crisis response teams in all 6 counties. Ambitions of Idaho still has several groups that they are leading in the community. Recovery for Life is continuing to do things through tele-

health. The Boise office is doing Walk-In Wednesdays with 19 people served in the first day. Hoping to have it at the Caldwell office in the next month. Hosting a Recovery Coach Training in Boise next week. Due to technical issues minutes

ADJOURNMENT

There being no further business, the meeting adjourned.

NEXT MEETING: The next Behavioral Health Board meeting is scheduled for Wednesday, October 28, 2020 at 10:00 a.m.