



**Behavioral Health Board – Region 3**  
 Serving Adams, Canyon, Gem, Owyhee, Payette  
 and Washington Counties

**Region 3 Behavioral Health Board Meeting Minutes**

Wednesday, October 27, 2021

10:00 am – 12:00 pm

<https://swdh.zoom.us/j/98727597097?pwd=YnRSTUtudm5zL3JZL21rRTBaU2YzZz09>

**Board Member Attendees:**

Aaron St. George	<del>Alex Zamora</del>	<del>Brian Lee</del>	<del>Charles Christiansen</del>	Christopher Partridge
Greg Dickerson	Heather Taylor	Ivy Smith	Jeri Gowen	Joy Husmann
Laura Raynor	Lina Smith	Lyndon Haines	Marc Shigeta	Mark Rekow
Melissa Mezo	Michelle Sundquist	Penny Dunham	<del>Penny Jones</del>	Shawneen McGee
Tricia Ellinger	Vito Kelso			

**Agenda:**

Topic	Discussion	Motion	Action
Welcome and Call to Order	Meeting called to order at 10:08 am. Quorum met.		
Action Item: Approve August Meeting Minutes	Board members reviewed the September BHB meeting minutes. Joy requested to amend the EC committee update. The EC did not decide upon a case-by-case scenario for individuals with a criminal background; it was discussed.	Motion made, and seconded, to approve September minutes with amendment. Motion carried unanimously.	Emily to amend the minutes and upload approved minutes to the BHB website.
EC Update	Melissa Mezo presented. <ul style="list-style-type: none"> <li>EC members reviewed and approved the September BHB minutes and October Special Executive Committee meeting minutes.</li> <li>Nikki Zogg was present at the EC meeting to review the letter submitted by the EC to SWDH. At the November</li> </ul>		

	<p>meeting, there will be an action item for a response based on information from the EC.</p> <ul style="list-style-type: none"> <li>• Washington County Commissioner Lyndon Haines was appointed to serve as a BHB member. He will be taking over Commission Van Beek’s position, as she recently resigned.</li> <li>• EC members reviewed open board positions. Michelle Sundquist emailed Melissa with her resignation – she is relocating to Region 4.</li> </ul>		
<p>Children’s Mental Subcommittee Update</p> <ul style="list-style-type: none"> <li>• Board Direction for Strategic Plan</li> </ul> <p>Action Item: Vote on Gap and Needs Questionnaire</p>	<p>Board members reviewed the Regional Behavioral Health Board Questionnaire that will be submitted to the Statewide Behavioral Health Planning Council. The document was developed from the survey that board and community members completed. The information in the questionnaire will also be used to create the region’s action plan which will be shared with the R3 BHB and community members.</p> <p>Board members reviewed the IBHC Strategic Plan and discussed aligning some of the action items with the R3 BHB Strategic Plan. Board members discussed care coordination and how it is a systemic problem across the entire healthcare system. Board members also discussed referral and resource sharing as an area of importance. It was also discussed that there is a workforce shortage with clinicians, and that results in long wait times for individuals seeking treatment. Additionally, tele-health can be problematic because clinicians are not allowed to treat a client outside of Idaho for prolonged periods of time. Board members discussed supporting suicide prevention efforts in the region. Another critical unmet need is providing youth crisis assistance for youth with a serious emotional disturbance.</p> <p>One of the items listed on the IBHC Strategic Plan is to expand access to peer support specialists and recovery coaches. While these positions are not counselors, they help individuals on their road to recovery. Based upon the discussion, Board members agreed that including peer support specialists and recovery coaches in the strategic plan is appropriate.</p> <p>Two action items were added under Goal 2, Crisis Assistance:</p>	<p>Motion made, and seconded, to approve the Regional Behavioral Health Board Questionnaire. Motion carried unanimously.</p>	<p>Emily to submit the questionnaire on behalf of R3 BHB.</p>

	<ul style="list-style-type: none"> <li>• Expand access to training and supporting peer support, family supports, and recovery coaching.</li> <li>• Supporting and marketing Recovery Centers within the region.</li> </ul> <p>The Crisis Centers will be moving fully under Medicaid in 2023.</p>		
Idaho Behavioral Health Council Strategic Plan Implementation	<p>Laura Kiehl presented. She is the new project manager for the Idaho Behavioral Health Council. Laura shared that Region 3 - specifically Canyon County - has been selected to be involved with SIM mapping. This is expected to take place in Spring 2022 in the format of a 2-day workshop. Some of her other immediate tasks include workforce development and the civil commitment process reform. Laura encouraged individuals to reach out to her if they are interested in joining a workgroup to address these tasks. Laura will reach out to Emily periodically with updates that Emily will share with the full board and the list-serve.</p>		Emily to send out PPT that Laura presented to BHB and list-serve.
BHB Monthly Calendar Invites	<p>The October BHB was scheduled incorrectly for some BHB members. Melissa reminded the board that the BHB meetings are held on the 4<sup>th</sup> Wednesday of the month, except for November when the meeting convenes on the 3<sup>rd</sup> Wednesday of the month. The BHB does not meet in December.</p>		Emily will send out updated calendar invites to the BHB and BHB list-serve for year 2022.
Community Updates	<p>Caitlin Hegwood presented. She is the Legislative Representative for the Idaho Association of Addiction Professionals. She shared information about the acceptance of NAADAC credentials in Idaho.</p> <p>Wendy Stoneberg shared that Optum Idaho has partnered with the Department of Education to provide children with a free pair of boots and socks. They are providing over 2,000 pairs of boots to 10 different schools around the state. One of the schools participating in R3 is Parkridge Elementary.</p> <p>Aaron St. George shared that the Canyon County Recovery Center is working with One-by-One Foundation. They are holding an event on October 30<sup>th</sup>.</p>		<p>Emily to email Caitlin's PPT and credential crosswalk to BHB and list serve.</p> <p>Emily will email the One-By-One flyer to the BHB and list serve.</p>
Adjourn	Meeting adjourned at 12:03 pm.		

Next Behavioral Health Board Meeting:  
Wednesday, November 17, 2021