



**Behavioral Health Board – Region 3**  
 Serving Adams, Canyon, Gem, Owyhee, Payette  
 and Washington Counties

**Region 3 Behavioral Health Board Meeting Minutes**

Wednesday, November 17, 2021

10:00 am – 12:00 pm

**Board Member Attendees:**

<del>Aaron St. George</del>	Alex Zamora	<del>Brian Lee</del>	Charles Christiansen	Christopher Partridge
Greg Dickerson	Heather Taylor	Ivy Smith	<del>Jeri Gowen</del>	Joy Husmann
Laura Raynor	<del>Lina Smith</del>	Lyndon Haines	Marc Shigeta	Mark Rekow
Melissa Mezo	Michelle Sundquist	Penny Dunham	Penny Jones	Shawneen McGee
Tricia Ellinger	<del>Vito Kelse</del>			

**Agenda:**

Topic	Discussion	Motion	Action
Welcome and Call to Order	Meeting called to order. Quorum met.  Board members shared their sentiments for the Board members that are resigning from their positions on the R3 BHB.		
Action Item: Approve October Meeting Minutes	Board members reviewed the October BHB meeting minutes. The date was listed incorrectly.	Motion made, and seconded, to approve October minutes with corrected date. Motion carried unanimously.	Emily to amend the minutes and upload approved minutes to the BHB website.
EC Update	Melissa Mezo presented. <ul style="list-style-type: none"> <li>• EC members reviewed and approved October EC minutes.</li> <li>• Heather Taylor’s replacement is Jennifer Burlage. Her position as Department of Health and Welfare representative begins December 1<sup>st</sup>.</li> </ul>		

	<ul style="list-style-type: none"> <li>Based on the discussion at the BoH meeting, the intent of the BoH is to seek legal counsel to terminate the contract without the resignation of the Board Chair and Vice-Chair. It was not an action item on the BHB EC agenda. The EC will convene an emergency meeting to make a decision on next steps with regard to resignation.</li> <li>The review and action item to vote on new member applications was deferred. It will possibly be added to the agenda at the Emergency Meeting.</li> </ul> <p>Alex Zamora made a point of order that resignations do not require full Board action and can be done at the individual level. Melissa stated that to be true.</p>		
Heather Taylor's Replacement	Heather's replacement was announced during the EC Update.		
Finance Update and new Chair	<p>Chuck Christiansen presented.</p> <ul style="list-style-type: none"> <li>The Board has \$6,208 in unobligated funds for the EC to consider in terms of conference scholarships and any micro-grants. The finance subcommittee previously recommended leaving \$2,500 for travel expenses and anything else that might come up. Chuck's recommendation is that the finance subcommittee meet sometime after the first of the year and choose a new Chair.</li> </ul>		
Discussion: Subcommittee for Grant Writing	<ul style="list-style-type: none"> <li>There have been discussions between SWDH and the BHB to create a subcommittee for grant writing. This would help with expediting the grant writing process so that applications can be submitted during the application window.</li> <li>Joy shared that other BHBs throughout the state have experienced the same issue with completing a grant in the short application timeframe. Chuck recommended that if a grant writing subcommittee forms, they should work closely with the finance subcommittee to make sure they are in line with the budget. Caroline Bell, Tricia Ellinger, and Greg Dickerson volunteered to join the grant writing subcommittee. There is also the potential to have interns join the subcommittee, as well.</li> </ul>		Emily will reach out to the individuals who expressed interest in joining the grant writing subcommittee to coordinate a meeting.

Transportation Update	<p>Emily Straubhar and Caroline Bell provided an update.</p> <ul style="list-style-type: none"> <li>• There have been concerns with VMT's ability to pick up clients in a timely manner. Caroline is working on getting MOUs with different transportation agencies, which will help open the resource to other transportation options.</li> <li>• Emily met with Rachael, and it was decided to focus solely on providing transportation to the Crisis Center, and when the resource is more solidified revisit the discussion of offering transportation to/from the Recovery Centers.</li> </ul>		
Discussion: Behavioral Health Board Questionnaire	<p>Board members reviewed the questionnaire that was submitted.</p> <ul style="list-style-type: none"> <li>• Emily listed the incorrect phone number for Melissa's contact information. Melissa requested that Emily retract the document and include the correct contact information.</li> <li>• Emily was out of the office, so Melissa and Joy resubmitted the document with changes. The changes include listing the Behavioral Health Gap and Needs in order of priority, more context around "other" in the Behavioral Health Gap and Needs section, and information added about what community events the Board participated in.</li> </ul>		
Review Vallivue High School Vaping Report	<p>Board members reviewed the Vape Report submitted by Jeri Gowen. Joy provided an overview of the partnership between the R3 BHB and Vallivue High School.</p> <p>Melissa requested that the Crisis Center provide an update at a future meeting about the funding that the R3 BHB gave to them. Caroline Bell will collect that information and report back to the Board.</p>		
Community Updates	<ul style="list-style-type: none"> <li>• Penny Jones shared that in Owyhee County, Rim Rock High School is implementing a program called the Idaho Drug Free Youth Program. She is meeting with the school on December 15<sup>th</sup>.</li> <li>• Greg Dickerson shared that interns from Human Supports of Idaho met with SWDH to discuss tobacco cessation resources in the behavioral health setting. Additionally, Human Supports of Idaho recently had two Spanish-speaking providers join the organization.</li> </ul>		

	<ul style="list-style-type: none"> <li>• Starr Sheppard with BPA Health provided an update on the Idaho Lives Project. They have expanded their postvention suicide support services to individuals up to age 24.</li> <li>• Heather Taylor provided information about the MOU between SWDH and the Nampa School District to respond to situations when youth or staff are in crisis.</li> <li>• Emily Straubhar shared the Region 3 Suicide Prevention Coalition partnered with Optum Idaho to purchase a film called My Ascension, which will be streamed at future community events.</li> </ul>		
Adjourn			

Next Behavioral Health Board Meeting:  
Wednesday, January 26, 2022