# Community Led Youth Resilience and Prevention Efforts Subgrant Solicitation

# Overview & Purpose

Southwest District Health, funded through the Partnerships for Success Grant awarded July 1, 2022 – June 30, 2023 through the Substance Abuse & Mental Health Services Administration (SAMHSA) and the Idaho Office of Drug Policy, is accepting applications from schools, school districts, youth-serving professionals, and organizations serving communities within Health District 3 to support, implement and/or expand community-led strategies to build community connection through supporting the development of resilient youth, families, and communities, and to prevent substance use among young people in Idaho. Over the past two years, rates of Idaho students feeling anxious, sad, or hopeless have increased when compared to data collected in 2017 and 2019 (IHYS, 2021). Poor mental health can increase the likelihood of using substances, and/or other risky behaviors, which can subsequently worsen mental health. By supporting projects focused on positive youth development, community connection, education, equity, and resilience, these funds will support positive youth experiences and wellbeing, and the prevention of youth substance use.

The priorities of this funding opportunity are to:

- Increase the number of parents in Health District 3 participating in evidence-based programs that provide education on effectively leading and raising resilient children who engage in positive behaviors and can confidently navigate challenges in life.
- Increase the perceived risk of use of alcohol, marijuana, and methamphetamines among students and parents by supporting the implementation of prevention and suspension diversion programs that provide students with substance use education.
- Decrease the number of available places for consumption or use of substances by increasing signage, lighting, and information regarding legal consequences in areas of identified underage substance use.
- Increase prevention capacity of regional workforce by providing training, scholarship, and professional development opportunities to youth-serving professionals.

# Background

The goals of this funding are to:

- 1. Increase resiliency in youth, families, and communities and prevent youth substance use in Health District 3.
- 2. Increase the number of facilitators in Health District 3 that teach evidence-based parenting or youth curriculum.

- 3. Provide funds to support the third-party training of youth educators, coaches, youth group leaders, instructors, counselors, social workers (etc.).
- 4. Increase the number of parents in Idaho who are taught evidence-based curriculum in their community.
- 5. Increase the number of opportunities for parents to engage in evidence-based curriculum that promotes positive youth development for their children.
- 6. Reduce the number of young people using alcohol, marijuana, and methamphetamines in Health District 3.
- 7. Prevent and delay the first use of a substance among youth/young people.
- 8. Increase the perceived risk of using substances among young people in Health District 3.
- 9. Decrease the misperceptions of inflated perceived peer use.
- 10. Increase the positive social messaging youth are exposed to (correcting misperceptions).
- 11. Increase the perceived risk of youth substance use among parents/adults in Health District 3.
- 12. Increase the number of students who complete substance use education as an alternative to suspension when caught using substances or engaging in high-risk behaviors.
- 13. Decrease youth access to substances through increased youth, parental, and community-wide awareness of risks associated with substance use.
- 14. Support or fund the installation of lighting and/or drug and alcohol-free zone signage in identified community areas of high use/high-risk.
- 15. Support or fund the implementation of suspension diversion programs that provide substance use education as an alternative to suspension due to use of substances or engaging in other high-risk behavior.
- 16. Increase regional prevention capacity of youth-serving professionals in Health District 3.

Subgrantees spending \$750,000.00 or more in federal funds during the Subgrantee's fiscal year shall have a Single Audit performed according to 2 CFR 200.500-521 (previously OMB A-133) and shall provide proof of spending. Entity shall comply with subaward, and executive compensation reporting requirements as required by the Federal Funding Accountability and Transparency Act (FFATA). Applicant acknowledges the Single Audit requirements according to 2 CFR 200.500-521 (previously OMB A-133), FFATA, and any specific grant requirements.

# **Subgrant Activities**

Allowable activities for this Subgrant are described below, applicants can submit proposals for one or all of these initiatives, funding per organization will be capped at \$10,000 per year regardless of activities selected:

- 3rd Millennium Prevention & Intervention Program and Policy: Evidence-based prevention and intervention educational program offered online. This program can be used as a prevention curriculum in the classroom, or as an alternative to suspension or detention. Courses are appropriate for middle school college aged students, as well as parents and educators. <a href="https://web.3rdmil.com/">https://web.3rdmil.com/</a>
- If this activity is selected, the following is expected:
  - Recipient will receive an academic year (22-23) of unlimited access to 3<sup>rd</sup> Millennium prevention and intervention courses, OR a predetermined number of referral only intervention courses.

- Recipient will develop and implement school-wide policy changes to reflect options for alternatives to suspension.
- A sustainability plan to continue curriculum implementation for when PFS funding is no longer available will be developed.
- A quarterly report will be submitted that will include the # of students referred, # of classes completed, # of repeat referrals/suspension escalations throughout year, # of prevention courses taken). Additionally, recipient will share the pre and post data reported by and available through 3<sup>rd</sup> Millennium. Reporting template will be provided by SWDH.
- Primary contact/program facilitator will participate in a kick-off meeting, a de-brief meeting at the end of the year, and up to two additional group or one on one meetings.
- Funding can include:
  - Unlimited prevention & intervention courses (\$2,500 is the cost for one school) OR referral only intervention courses (up to \$60 for each individual referral – subgrant amount dependent on estimate of per year referral). Please use previous year's suspension referral as basis for funding request if requesting referral only.
  - Resource or personnel costs for outside of standard school hours supplemental programs or activities outside of standard school hours.
  - \*If a school district applies for a HS, and would like to add a MS an additional \$1,000 in funds may be requested for an unlimited MS subscription.
- **Environmental Projects:** Includes projects related to decreasing the number of available places for consumption or use of substances by increasing signage, lighting, and information regarding legal consequences in areas of identified underage substance use.

#### If this activity is selected, the following key activities are expected:

- A high-risk area within the community will be identified and evidence (qualitative and/or quantitative) will be provided to substantiate need.
- A proposal for a specific environmental intervention (adding signage, lighting, and information regarding legal consequences) in an area or areas of identified underage substance use will be submitted to SWDH.
- The recipient will provide an estimated budget and/or cost for the project. If the
  project is contracted with a third party, the contact information and a direct quote
  from the partner organization who will complete the project will be submitted to
  SWDH prior to finalizing a contract.
- Financial costs associated with the project that exceed awarded funds will be paid for by the recipient of the subgrant.
- An evaluation plan and report will be developed and submitted to SWDH. This will include # of incidents in area prior to intervention, and # of incidents in area post intervention monthly after completion of project.
- Primary contact will participate in a kick-off meeting, a de-brief meeting at the end of the year, and up to two additional group or one on one meetings.

#### Funding can include:

- Materials (lights, signage, etc.) and labor personnel costs.
- Project coordinator preparation and reporting time \*, OR, to support youth engagement and involvement with environmental project activities. \*Only applicable to contracted personnel.
- Other: \* Activity or curriculum must be associated with or accompany an evidence-based activity and directly address one of the following priority areas: alcohol, marijuana, and/or methamphetamine use prevention. Examples of "other" activities that are eligible for support include extracurricular activities (that integrate substance use education), Town Halls, Youth Community Projects, Lunch-and-Learns, Sticker Shock campaigns, etc.

#### Funding can include:

- Instructor or volunteer training (must be approved by SWDH)
- Personnel costs associated with training, program implementation, and reporting
- Materials for curriculum (Evidence-based program examples: Positive Action for Parents or Youth, Botvin Lifeskills for Parents or Youth)
- Resources for activities/activity support

#### Consult the grant manual and additional resources prior to proposing an "other" activity.

- Partnerships for Success Grant Manual
- Idaho evidence-based programs and practices
- Idaho Office of Drug Policy 2016 Evidence-based programs planning workbook
- Blueprints for Healthy Youth Development
- Office of Juvenile Justice and Delinquency Prevention (OJJDP)
- Evidence-Based Practices Resource Center (SAMHSA)
- Professional Development: Youth-serving and prevention professionals are eligible to apply for scholarships to attend trainings or conferences. By participating in trainings, the participant will be better prepared to positively support the youth they work with and prevent youth substance use.
   If this activity is selected, the following key activities are expected:
  - Utilize training to acquire prevention skills and better serve young people in region 3
  - Participant will attend the full training from start to finish. If the participant does not attend (and does not provide 72-hour advance notice), the participant will not be reimbursed for the fees associated with attending.
  - Participate in a debrief activity or survey with the PFS coordinator.
  - Participate in a 6-month post-event survey.
  - Funding can include:
    - Idaho Prevention Conference
    - Northwest Alcohol Conference

Other prevention focused conferences (subject to review and approval)

## **Funding Availability**

Maximum funding per organization will be based on activities selected for the 2022-2023 year. The maximum amount of funding available is \$10,000 per organization per year. Funding amount will be determined based on application score, and multiple additional factors assessed after applications have been received. Funding amount will be negotiated between Southwest District Health and the grantee organization.

## **Eligible Applicants**

Funds for this opportunity are available to schools and organizations serving residents of Idaho's Health District 3 region: Adams County, Canyon County, Gem County, Owyhee County, Payette County, and Washington County. If applicants are current recipients of Local, State, or Federal sources or the Substance Abuse Prevention and Treatment Block Grant (SABG) funded through the Office of Drug Policy, they must not request funds to supplement or support their SABG related projects. Funds must be used separately and may not be commingled. Applicants who serve rural or frontier designated regions, Idaho's Hispanic/Latinx population, and veterans will receive greater consideration in the application scoring process. Applications that prioritize these populations will receive higher priority in the scoring process due to the increased risk factors associated with living in rural areas and/or being a minority population. Funds may not be used to supplant any other local, state, or federal funds.

## **Funding Restrictions**

- Recipients may not use funds for food or beverage purchases without SWDH advance approval.
- Recipients may not use funds for sporting events, promotional swag items (e.g., t-shirts, keychains, items to give to students/public, etc.), or other forms of entertainment.
- Recipients may not use funds for detox, treatment or recovery services.
- Recipients may not use funds for leasing beyond the project period.
- Recipients may not use funds for equipment purchases over \$5,000.
- Recipients may not use funds for purchase or construction of any building or structure.
- Recipients may not use funds for housing or other residential mental health and/or substance use treatment.
- Recipients may not use funds for direct payments to individuals to induce them to enter services or encourage attendance and/or attainment of prevention goals.
- Recipients may not use funds for alcohol, tobacco, drugs, sterile needles, syringes, or pharmaceuticals.
- Applicants may not use funds to supplement awards funded through the Substance Abuse Prevention and Treatment Block Grant (SABG).
- Funds may not be used to supplant expenditures from other Federal, State, or local sources.
- Funds may not be commingled.

Funding may not be used for lobbying activities. Unallowable activities include: Spending federal
funds to influence an officer or employee of any agency or Congressional member/staff
regarding federal awards; Using grant funds provided to non-profit organizations or institutions
of higher education to influence an election, contribute to a partisan organization, or influence
enactment or modification of any pending federal or state legislation; or Expending federal
funds to influence federal, state, or local officials or legislation.

Partnerships for Success funds are governed by the Uniform Administrative Requirements, Cost Principles, and Audit Requirements for Health and Human Services (HHS) Awards, 45 CFR Part 75. Full guidelines can be found at the <u>Electronic Code of Federal Regulations</u>. Sub-recipients are responsible to follow all funding requirements of 45 CFR Part 75. If you have questions about whether costs are allowable, please contact the Grant Director.

# **Expected Funding and Subgrant Award Timeline**

Activities funded by this process are anticipated to commence in November, and no later than February 2023, and be completed by May 31, 2023, all projects are based upon Southwest District Health funding availability.

Friday, September 16, 2022	Subgrant Solicitation announced
Thursday, September 29, 2022, 3:15 to 4:00 pm (MT)	Conference call for Q & A Email tara.woodward@phd3.idaho.gov for conference call information
Friday, October 7, 2022 5:00 pm (MT)	Priority application deadline. Any applications received after this date will be considered based on funding availability
Friday, October 28, 2022	Priority deadline applicants will be notified if their project will be funded no later October 15th
October 17 - 28, 2022	Subgrant negotiations
November 2022 – February 2023	Activities are anticipated to commence in November of 2022. Activities shall commence no later than February 2022
Wednesday, May 31, 2023	Funds must be spent, and activities completed
Friday, June 10, 2023	Final reports and invoices must be received

#### **Application & Scoring**

The application is available with this solicitation or upon request by emailing Tara Woodward, the Southwest District Health Partnerships for Success Coordinator at <a href="mailto:tara.woodward@phd3.idaho.gov">tara.woodward@phd3.idaho.gov</a>. **Priority applications are due by 5:00 pm (MT) on Friday October 7, 2022**. Please email completed applications to Tara Woodward at <a href="mailto:tara.woodward@phd3.idaho.gov">tara.woodward@phd3.idaho.gov</a>. Each section of the application has an assigned point value for scoring.

Application Section	Points Possible
Current environment	15
Reach of proposed intervention	15
Description of intervention needs	15
Potential barriers and/or challenges	15
Internal capacity	15
Implementation/Community resources available	15
Sustainability of proposed intervention	15
Evaluation Plan	10
Budget	10
Priority counties (rural or frontier designation)	10 extra points
Previously funded, if no	10 extra points
Letter of Support	Not scored
Total Points	125

The entity will be required to provide their Data Universal Numbering System (DUNS) number and must affirm their understanding that no entity, as defined at 2 CFR Part 25, Subpart C, may receive award of a subgrant unless the entity has provided its DUNS number.

Applications will be reviewed by a committee of at least three people. Applications will be scored based on compliance with the application guidelines and capacity of the organization to achieve the funding goals. Funding determinations will be made after all funding requests are received and reviewed after the October 7, 2022, deadline.

## Conference Call for Q & A

There will be a virtual conference call on Thursday, September 29, from 3:15 to 4:15 pm (MT) for all interested applicants to ask questions related to this subgrant solicitation. To participate in the call, please email Tara Woodward at <a href="mailto:tara.woodward@phd3.idaho.gov">tara.woodward@phd3.idaho.gov</a> by Wednesday, September 28, 2022 by 5:00 pm (MT).

# Notification of Subgrant Funding

All applicants will be notified by email by October 28, 2022.