

Youth Alcohol, Marijuana, and Stimulant Substance Use Prevention Mini-Grants Subgrant Solicitation

Overview & Purpose

Southwest District Health, funded through the SPF-PFS Partnerships Grant awarded October 1, 2023 – September 31, 2028 through the Substance Abuse & Mental Health Services Administration (SAMHSA), is accepting applications from schools, school districts, behavioral health care providers, non-profit community organizations, faith-based groups, and youth-serving professionals serving Health District 3 to support, implement and/or expand community-led strategies to build community connection through supporting the development of resilient youth, families, and communities, and to prevent substance use among young people in Idaho. By supporting projects focused on positive youth development, community connection, education, equity, and resilience, these funds will support positive youth experiences and wellbeing, and the prevention of youth substance use.

The purpose of the Youth Alcohol, Marijuana, and Stimulant Substance Use Prevention Mini Grant is to support local communities in their efforts to reduce youth substance use. Eligible opportunities for funding must be community-led initiatives to implement evidence-based substance use prevention programs, and to implement environmental and/or policy changes that address community specific need. These projects must directly address alcohol, marijuana, and/or stimulant use amongst youth aged 10-19. The goal of this funding opportunity is to: Increase district wide community capacity to prevent youth substance use by providing trainings, evidence-informed prevention curricula and projects, and youth, parent, and community education.

Funded projects will be selected based on the number of applications received, funding availability, and program priorities. Applicants who serve rural or frontier-designated regions, Spanish speaking populations, and/or individuals who qualify as ALICE (Asset Limited Income Restrained Employed) will receive greater consideration in the application scoring process. Applications that prioritize these populations will receive higher priority in the scoring process due to the increased risk factors associated with living in rural areas and/or being a minority population.

The priorities of this funding opportunity are to:

- Increase the number of parents in Health District 3 participating in evidence-informed programs that provide education on effectively leading and raising resilient children who engage in positive behaviors and can confidently navigate challenges in life.
Eligible programs include Positive Action, Botvin Lifeskills, Strengthening Families, Active Parenting of Teens, [Creating Lasting Family Connections Program](#)
- Increase the number of youth in Health District 3 participating in evidence-informed programs that equip youth with the life skills to make positive and healthy choices.

Eligible programs include Positive Action, Botvin Lifeskills, Creating Lasting Family Connections Program, Guiding Good Choices, [Overcoming and Understanding Stress and Trauma](#) and Online Modules: [Developing a Positive Response](#), [Developing Independence and Resiliency](#), and [Getting Real](#).

- Increase the perceived risk of use of alcohol, marijuana, and stimulant use among students and parents by supporting the implementation of prevention and suspension diversion programs that provide students with substance use education.

Eligible programs include 3rd Millennium Prevention & Intervention Programs, [SPORT Prevention Plus Wellness \(PPW\) programs](#)

- Decrease the number of available places for consumption or use of substances.

Eligible projects include increasing signage, lighting, and information regarding legal consequences in areas of identified underage substance use.

- Increase the prevention capacity of regional workforce by providing training, and prevention professional development opportunities to youth-serving professionals.

Eligible activities include proposals for training like conferences, webinars, or speakers that will support prevention knowledge and skills.

Background

The goals of this funding are to:

1. Reduce the number of young people using alcohol, marijuana, and stimulants in Health District 3.
2. Prevent and delay the first use of a substance among youth/young people.
3. Decrease the misperceptions of inflated perceived peer use.
4. Support resiliency in youth, families, and communities and prevent youth use of alcohol, marijuana, and stimulants in Health District 3.
5. Decrease youth access to substances through increased youth, parental, and community-wide awareness of risks associated with substance use.
6. Increase the perceived risk of using substances among young people in Health District 3.
7. Increase the positive social messaging youth are exposed to (correcting misperceptions).
8. Increase the perceived risk of youth substance use among parents/adults in Health District 3.
9. Increase the number of facilitators in Health District 3 that teach evidence-based parenting or youth prevention curriculum.
10. Increase the number of opportunities for parents to engage in evidence-based prevention curriculum that promotes positive youth development for their children.
11. Increase the number of opportunities for youth to engage in evidence-based prevention curriculum that promotes positive youth development.
12. Provide funds to support the third-party training of youth educators, coaches, youth group leaders, instructors, counselors, social workers (etc.).
13. Increase the number of students who complete substance use prevention education as an alternative to suspension when caught using substances or engaging in high-risk behaviors.
14. Decrease youth access to substances through increased youth, parental, and community-wide awareness of risks associated with substance use.

15. Support or fund the implementation of suspension diversion programs that provide substance use education as an alternative to suspension due to use of substances or engaging in other high-risk behavior.
16. Support or fund the installation of lighting and/or drug and alcohol-free zone signage in identified community areas of high use/high-risk.
17. Increase regional prevention capacity of youth-serving professionals in Health District 3.

Subgrantees spending \$750,000.00 or more in federal funds during the Subgrantee's fiscal year shall have a Single Audit performed according to 2 CFR 200.500-521 (previously OMB A-133) and shall provide proof of spending. Entity shall comply with subaward, and executive compensation reporting requirements as required by the Federal Funding Accountability and Transparency Act (FFATA). Applicant acknowledges the Single Audit requirements according to 2 CFR 200.500-521 (previously OMB A-133), FFATA, and any specific grant requirements.

Subgrant Activities

Allowable activities for this Subgrant are described below, applicants can submit proposals for one or all of these initiatives, funding per organization will be capped at \$10,000 per year regardless of activities selected. Limited funding exceptions may be made on a case-by-case basis at the discretion of SWDH. **If funded, recipients will enter into a formal agreement with SWDH. Recipients must adhere to the agreement as written and cannot begin any reimbursable activities prior to an agreement being finalized.**

Evidence-Informed Parent, Family, or Youth Programs: Evidence-informed primary prevention programs for parents, family, or youth. These programs are focused on positive youth and family development, which support youth and families in building skills that support healthy choices and relationships.

Evidence Informed Parenting Programs

- Positive Action
- Botvin Lifeskills
- Strengthening Families
- Active Parenting of Teens
- [Creating Lasting Family Connections Program](#)

Evidence Informed Youth Programs

- Positive Action
- Botvin Lifeskills
- Guiding Good Choices
- Creating Lasting Family Connections Program, [Overcoming and Understanding Stress and Trauma](#) and Online Modules: [Developing a Positive Response](#), [Developing Independence and Resiliency](#), and [Getting Real](#).
- **If these activities are selected, in addition to applying the awardee is expected to:**
 - Plan, staff, and recruit participants for the program.

- Purchase the required materials for the program (cost varies by program).
- Become trained in teaching curriculum (if required and not already trained).
- Deliver the program as written by the program creator (implement with fidelity).
- Maintain regular communication with the agreement monitor, in the form of phone calls or emails.
- Complete a post-program report after each implementation of the program (template to be provided by SWDH).
- Submit a sustainability statement in the grant application as well as at the end of the project, providing detail on how the activity will be maintained without grant support.
- Submit invoices for reimbursement for purchases and personnel (template to be provided by SWDH).

Alternative Prevention Programs: Includes programs that are alternatives to suspension, requirements for participation in sports or activities, and/or part of a prevention focused substance use and health education program. Programs include evidence-informed programs like the 3rd Millennium Prevention & Intervention Program and SPORTS Prevention Wellness (PPW) Programs.

3rd Millennium Prevention & Intervention Program and Policy: Evidence-based prevention and intervention educational program offered online. This program can be used as a prevention curriculum in the classroom, or as an alternative to suspension or detention. Courses are appropriate for middle school – college-aged students, as well as parents and educators. <https://web.3rdmil.com/> .

- **If this activity is selected, the following is expected:**
 - Recipient will receive an academic year (23-24) of unlimited access to 3rd Millennium prevention and intervention courses, OR a predetermined number of referral only intervention courses.
 - Recipient will develop and implement school-wide policy changes to reflect options for alternatives to suspension.
 - Submit a sustainability statement in the grant application as well as at the end of the project, providing detail on how the activity will be maintained without grant support.
 - A quarterly report will be submitted that will include the # of students referred, # of classes completed, # of repeat referrals/suspension escalations throughout year, # of prevention courses taken). Additionally, recipient will share the pre and post data reported by and available through 3rd Millennium. Reporting template will be provided by SWDH.
 - Primary contact/program facilitator will participate in a kick-off meeting, a de-brief meeting at the end of the year, and up to two additional group or one on one meetings.
 - Funding can include:
 - Unlimited prevention & intervention courses (\$2,500 is the cost for one school) OR referral only intervention courses (up to \$60 for each individual referral – subgrant amount dependent on estimate of per year referral). Please use previous year's suspension referral as basis for funding request if requesting referral only.

- Resource or personnel costs for outside of standard school hours supplemental programs or activities outside of standard school hours.
- *If a school district applies for a HS and would like to add a MS – an additional \$1,000 in funds may be requested for an unlimited MS subscription.

SPORT Prevention Wellness (PPW) Programs: Evidence-informed “single session substance use prevention program designed to increase health-enhancing behaviors including physical activity, sports participation, healthy eating, getting adequate sleep, and practicing stress control. It can be implemented in any setting including school, community, health care, sports, recreation, juvenile justice, home, and others.

- Receive a one-year subscription to the program (cost varies by program).
 - Plan, staff, and recruit participants for the program.
 - Become trained in teaching curriculum (if required and not already trained).
 - Deliver the program as written by the program creator (implement with fidelity).
 - Maintain regular communication with the agreement monitor, in the form of phone calls or emails.
 - Submit a quarterly report (SWDH will provide a template).
 - Submit a sustainability statement in the grant application as well as at the end of the project, providing detail on how the activity will be maintained without grant support.
 - Submit invoices for reimbursement for purchases and personnel (template to be provided by SWDH).
- **Environmental Projects:** Includes projects related to decreasing the number of available places for consumption or use of substances by increasing signage, lighting, and information regarding legal consequences in areas of identified underage substance use.
If this activity is selected, the following key activities are expected:
 - A high-risk area within the community will be identified and evidence (qualitative and/or quantitative) will be provided to substantiate need.
 - A proposal for a specific environmental intervention (adding signage, lighting, and information regarding legal consequences) in an area or areas of identified underage substance use will be submitted to SWDH (if not fully submitted in application).
 - The recipient will provide a quote for the project. If the project is contracted with a third party, the contact information and a direct quote from the partner organization who will complete the project will be submitted to SWDH prior to finalizing a contract (a budget will need to be submitted with the original application).
 - Financial costs associated with the project that exceed the awarded funds will be paid for by the recipient of the subgrant.
 - Submit four six-month reports on the project (SWDH will provide a template). The reports will be submitted over two years.
 - Submit a sustainability statement in the grant application as well as at the end of the project, providing detail on how the activity will be maintained without grant support.

- Maintain regular communication with the agreement monitor, in the form of phone calls or emails.
- Funding can include:
 - Materials (lights, signage, etc.) and labor personnel costs.
 - Project coordinator preparation and reporting time *, OR, to support youth engagement and involvement with environmental project activities. *Only applicable to contracted personnel.
- **Other:** * Activity or curriculum must be associated with or accompany an evidence-based activity and directly address one of the following priority areas: alcohol, marijuana, and/or stimulant use prevention. Examples of “other” activities that are eligible for support include extracurricular activities (that integrate substance use education), Town Halls, Youth Community Projects, Lunch-and-Learns, Sticker Shock campaigns, etc.
 - **Funding can include:**
 - Instructor or volunteer training (must be approved by SWDH).
 - Personnel costs associated with training, program implementation, and reporting.
 - Materials for curriculum (Evidence-based program examples: Positive Action for Parents or Youth, Botvin Lifeskills for Parents or Youth)
 - Resources for activities/activity support.
- If this activity is selected, the following key activities are expected:
 - Plan, staff, and recruit participants for the program/activities.
 - Purchase the required materials for the program/activities (cost varies by program).
 - Become trained in teaching curriculum (if required and not already trained).
 - Deliver the program as written by the program creator (implement with fidelity), or as the activity is defined and described in application/agreement with SWDH.
 - Maintain regular communication with the agreement monitor, in the form of phone calls or emails.
 - Complete a post-program report after each implementation of the program (template to be provided by SWDH).
 - Submit a sustainability statement in the grant application as well as at the end of the project, providing detail on how the activity will be maintained without grant support.
 - Submit invoices for reimbursement for purchases and personnel (template to be provided by SWDH).

Consult the additional resources prior to proposing an “other” activity.

- [Prevention Tools: What works, what doesn't](#)
- [Idaho Office of Drug Policy 2016 - Evidence-based programs planning workbook](#)
- [Substance Use Prevention Resources for Youth and College Students](#)
- [Substance Use Prevention, Youth.gov](#)

- [Idaho evidence-based programs and practices](#)
 - [Blueprints for Healthy Youth Development](#)
 - [Office of Juvenile Justice and Delinquency Prevention \(OJJDP\)](#)
 - [Evidence-Based Practices Resource Center \(SAMHSA\)](#)
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- **Prevention Professional Development:** Youth-serving and prevention professionals are eligible to apply for scholarships to attend trainings or conferences. By participating in trainings, the participant will be better prepared to positively support the youth they work with and prevent youth substance use.

If this activity is selected, the following key activities are expected:

- Utilize training to acquire prevention skills and better serve young people in region 3.
- Participant will attend the full training from start to finish. If the participant does not attend (and does not provide 72-hour advance notice), the participant will not be reimbursed for the fees associated with attending.
- Participate in a debrief activity or survey with the PFS coordinator.
- Participate in a 6-month post-event survey.
- Funding can include:
 - Idaho Prevention Conference
 - Idaho Conference on Alcohol and Drug Dependency
 - Other prevention focused conferences (subject to review and approval)

Funding Availability

Maximum funding per organization will be based on activities selected for the 2023-2024 year. The maximum amount of funding available is \$10,000 per organization per year. Limited exceptions may be made on a case by case basis at the discretion of SWDH. Funding amount will be determined based on application score, and multiple additional factors assessed after applications have been received. Funding amount will be negotiated between Southwest District Health and the grantee organization.

Eligible Applicants

Funds for this opportunity are available to schools and organizations serving residents of Idaho's Health District 3 region: Adams County, Canyon County, Gem County, Owyhee County, Payette County, and Washington County. Funds awarded may be used to support other projects funded by local, state, or federal sources. Applicants who serve rural or frontier-designated regions, Spanish speaking populations, and/or individuals who qualify as ALICE (Asset Limited Income Restrained Employed) will receive greater consideration in the application scoring process. Applications that prioritize these populations will receive higher priority in the scoring process due to the increased risk factors associated with living in rural areas and/or being a minority population. Funds may not be used to supplant any other local, state, or federal funds.

Funding Restrictions

- Recipients may not use funds to host one-time events unless the event is a component of a larger prevention project. Details need to be provided in the grant application to be considered.
- Recipients may not use funds to purchase environmental detection sensors unless a comprehensive response, policy, and prevention education plan is included in the application.
- Recipients may not use funds for food or beverage purchases without SWDH advance approval.
- Recipients may not use funds for sporting events, promotional swag items (e.g., t-shirts, keychains, items to give to students/public, etc.), or other forms of entertainment.
- Recipients may not use funds for detox, treatment, or recovery services.
- Recipients may not use funds for leasing beyond the project period.
- Recipients may not use funds for equipment purchases over \$5,000.
- Recipients may not use funds for the purchase or construction of any building or structure.
- Recipients may not use funds for housing or other residential mental health and/or substance use treatment.
- Recipients may not use funds for direct payments to individuals to induce them to enter services or encourage attendance and/or attainment of prevention goals.
- Recipients may not use funds for alcohol, tobacco, drugs, sterile needles, syringes, or pharmaceuticals.
- Funds may not be used to supplant expenditures from other Federal, State, or local sources.
- Funds may not be commingled.
- Funding may not be used for lobbying activities. Unallowable activities include: Spending federal funds to influence an officer or employee of any agency or Congressional member/staff regarding federal awards; Using grant funds provided to non-profit organizations or institutions of higher education to influence an election, contribute to a partisan organization, or influence enactment or modification of any pending federal or state legislation; or Expending federal funds to influence federal, state, or local officials or legislation.

Partnerships for Success funds are governed by the Uniform Administrative Requirements, Cost Principles, and Audit Requirements for Health and Human Services (HHS) Awards, 45 CFR Part 75. Full guidelines can be found at the [Electronic Code of Federal Regulations](#). Sub-recipients are responsible to follow all funding requirements of 45 CFR Part 75. If you have questions about whether costs are allowable, please contact the Grant Director.

Expected Funding and Subgrant Award Timeline

Activities funded by this process are anticipated to commence in March, and no later than June 2024, and be completed by September 6, 2024, all projects are based upon Southwest District Health funding availability.

<i>December 18, 2023</i>	<i>Subgrant Solicitation announced</i>
<i>Monday, January 8, 2024, 3:15 to 4:15 pm (MT)</i>	<i>Conference call for Q & A Email tara.woodward@phd3.idaho.gov for conference call information</i>

Wednesday, January 24, 2024 5:00 pm (MT)	Priority application deadline. Any applications received after this date will be considered based on funding availability
Wednesday, February 28, 2024	Priority deadline applicants will be notified if their project will be funded no later than February 28th
February – April 2024	Activities are anticipated to commence in February or March of 2024. Activities shall commence no later than June 2024.
Friday, August 30, 2024	Funds must be spent, and activities must be completed
Friday, September 13, 2024	Final reports and invoices must be received

Application & Scoring

The application is available with this solicitation or upon request by emailing Tara Woodward, the Southwest District Health Partnerships for Success Coordinator at tara.woodward@phd3.idaho.gov.

Priority applications are due by 5:00 pm (MT) on Wednesday, January 24, 2024. Please email completed applications to Tara Woodward at tara.woodward@phd3.idaho.gov. Each section of the application has an assigned point value for scoring.

Application Section	Points Possible
<i>Need</i>	15
<i>Reach of proposed intervention</i>	15
<i>Implementation/Community resources available</i>	15
<i>Potential barriers and/or challenges</i>	15
<i>Internal capacity</i>	15
<i>Engagement and promotion</i>	15
<i>Sustainability of proposed intervention</i>	15
<i>Evaluation Plan</i>	10
<i>Budget</i>	10
<i>Priority counties (rural or frontier designation)</i>	10 extra points
<i>Previously funded, if no</i>	10 extra points
<i>Letter of Support</i>	Not scored
Total Points	145

The entity will be required to provide their Data Universal Numbering System (DUNS) number and must affirm their understanding that no entity, as defined at 2 CFR Part 25, Subpart C, may receive award of a subgrant unless the entity has provided its DUNS number.

Applications will be reviewed by a committee of at least three people. Applications will be scored based on compliance with the application guidelines and capacity of the organization to achieve the funding goals. Funding determinations will be made after all funding requests are received and reviewed after the January 24, 2024, deadline.

Conference Call for Q & A

There will be a virtual conference call on Monday, January 8, from 3:15 to 4:15 pm (MT) for all interested applicants to ask questions related to this subgrant solicitation. To participate in the call, please email Tara Woodward at tara.woodward@phd3.idaho.gov by Friday, January 5, 2024 by 5:00 pm (MT).

Notification of Subgrant Funding

All applicants who have applied by the priority deadline (January 24, 2024) will be notified by email by February 28, 2024.