



BOARD OF HEALTH MEETING MINUTES
Tuesday, September 17, 2024

BOARD MEMBERS:

Jennifer Riebe, Commissioner, Payette County – present
Lyndon Haines, Commissioner, Washington County – present
Zach Brooks, Commissioner, Canyon County – present
Kelly Aberasturi, Commissioner, Owyhee County – present
Viki Purdy, Commissioner, Adams County – present
John Tribble, MD, Physician Representative – present
Bill Butticci, Commissioner, Gem County – present

STAFF MEMBERS:

In person: Nikki Zogg, Katrina Williams, Don Lee, Rick Stimpson, Troy Cunningham,
Virtual attendees: Jeff Renn

GUESTS: None

CALL THE MEETING TO ORDER

Chairman Kelly Aberasturi called the meeting to order at 9:02 a.m.

PLEDGE OF ALLEGIANCE

Meeting attendees participated in the pledge of allegiance.

ROLL CALL

Chairman Aberasturi – present; Dr. John Tribble – present; Commissioner Purdy – present via Teams ;
Vice Chairman Haines – present via Teams; Commissioner Brooks – present; Commissioner Riebe –
present; Commissioner Butticci – present.

REQUEST FOR ADDITIONAL AGENDA ITEMS AND APPROVAL OF AGENDA

Chairman Kelly Aberasturi asked for additional agenda items. Board members had no additional agenda items or changes to the agenda.

MOTION: Commissioner Brooks made a motion to approve the agenda as presented. Dr. Tribble seconded the motion. All in favor; motion passes.

IN-PERSON PUBLIC COMMENT

Staff reported no members of the public present to provide in-person public comment, and no public comments submitted via the online public comment survey mechanism. Staff also reported that last month the online public comment mechanism was not checked prior to the meeting and two comments regarding the resolution in opposition of legalization of marijuana were received. Those comments are included today in board members' front left binder pocket for review.

INCIDENT COMMAND SYSTEM FOR GOVERNMENT OFFICIALS

Ricky Bowman, Public Health Emergency Preparedness and Epidemiology Response (PHEPER) Program Manager and Molly Smith, Training and Exercise Coordinator, provided a workshop covering Incident Command System (ICS) for government officials. The goal of this workshop is to complete the board's request to further develop board member skills in public health emergency response, gain an understanding of public health authorities and the board's responsibility for policy setting, and future training needs. Board members completed the one-hour workshop.

OPEN DISCUSSION

There were no items for open discussion.

APPROVAL OF MEETING MINUTES – AUGUST 27, 2024

Board members reviewed meeting minutes from the August 27, 2024 meeting.

MOTION: Commissioner Brooks made a motion to approve the August 27, 2024 meeting minutes as presented. Commissioner Buttici seconded the motion. All in favor; motion passes.

AUGUST 2024 EXPENDITURE AND REVENUE REPORT

Troy Cunningham, Financial Manager, presented the August 2024 Monthly Expenditure and Revenue Report. Troy was successful in establishing a trial balance in Luma. He explained that the fund balances are impacted from May and June billings that were completed in July due to the billing ability being cut off in Luma prior to the end of fiscal year 2024. County contributions are on target. Troy explained that contract revenue is also currently high due to the timeline of billings in July. Personnel expenditures remain on target.

Troy reported that Western Idaho Community Crisis Center (WIDCCC) activity is impacted by the shift in payments coming from Idaho Department of Health and Welfare (IDHW) and third-party payers to a flat monthly payment from Magellan, the new behavioral health managed care provider. In addition, the crisis center operating expenses appear alarmingly high due to invoices being coded as operating rather than Trustee and Benefits. Troy explained that Trustee and Benefits are funds that SWDH receives and then passes through to an organization in the community to complete the work. In this instance, Clarvida, the WIDCCC operator, receives these funds.

Troy also reported that activity for Western Idaho Youth Support Center (WIYSC) shows that the committed funds from the Idaho Department of Juvenile Corrections have been received. Personnel expenditures are right on target. Operating expenses are slightly low.

CARRYOVER FUND RECOMMENDATION

Troy presented a Fiscal Year 2024 carryover funds request and recommended that the difference between committed and restricted funds of \$292,903 be committed to the facilities improvement activities. Board members asked if there is an ideal balance we try to keep in the facilities improvement fund. Troy explained that the balance is usually maintained at about \$750,000. Nikki added that the fund balance dropped after paying for unexpected building re-siding at the Caldwell SWDH location several years ago.

Dr. Tribble asked if recruiting clinical providers and staff is still a challenge. Beth responded that currently the clinic is at full staff. Providers, clinical assistants and dietitians work out of the Caldwell location and travel to the satellite offices as scheduled. Dr. Tribble suggested if there is no urgent

pressing need for the money, it may be beneficial to provide some of those funds as a bonus for hard to recruit staff to improve recruitment and retention.

MOTION: Commissioner Butticci made a motion to approve the carryover fund recommendation for \$292,903 to the Facility Improvements fund as requested. Commissioner Riebe seconded the motion. All in favor; none opposed. Motion passes.

BEHAVIORAL HEALTH SERVICES FEE SCHEDULE

Beth Kriete, Family and Clinic Services Division Administrator, shared a proposal for adding behavioral health services to Southwest District Health. She noted that the 2023 Community Health Needs Assessment identified behavioral health as a top priority. Mental health and substance misuse were a consistent theme on the needs assessment surveys. All counties in District 3 as well as statewide are considered to be mental health professional shortage areas as of 2023 based on Healthcare Professional Shortage Data. In 2021, Idaho tied for 12th highest suicide rate in the country.

Beth explained that the behavioral health services will serve youth, families and individuals with a prioritization of clients already being served through Women Infants and Children (WIC) program, Parents as Teachers (PAT), and Nurse Family Partnership (NFP).

Beth shared the proposed fee schedule and asked for Board approval. She explained that the behavioral health staff are currently working to complete the credentialing process. By December, the team hopes to be able to see patients. When a client does not have insurance, the fee for service would be determined by the sliding fee schedule according to federal poverty guidelines. Commissioners Riebe and Butticci expressed support of offering this behavioral health service.

Beth also explained that 25% of the behavioral health services budget would be supported by counties for this fiscal year only and after services ramp up, Medicaid and private insurance reimbursements should be enough to keep the program self-funded. Program revenue will be monitored. Beth noted that when Central District Health began offering behavioral health services it took a while to share out the information, offer the service, and get participant engagement.

MOTION: Commissioner Butticci made a motion to accept the behavioral health service fee as scheduled. Commissioner Riebe seconded the motion. All in favor; none opposed. Motion passes.

FIT AND FALL PROOF™ OVERVIEW

Daniel Adams, Health Education Specialist, Senior, presented a program overview for Fit and Fall Proof™. September is healthy aging month and falls prevention awareness month. He shared that the program objectives include a better understanding of the definition of falls, the risk factors and consequences of falls, as well as the resources available in District 3.

In the U.S., an older adult (aged 65 and older) falls every second resulting in 36 million falls per year and 32,000 deaths per year. These fall-related deaths are the leading cause for unintentional injury deaths of older adults in the U.S. Fall risk is increased by use of medication and is an increased risk among people with Parkinsons and dementia. Dr. Tribble asked for information on the correlating factor and asked why are more people dying after falling. Is it that use of medication and people with Parkinsons or dementia has changed or are we saying we just have more people that use medication and suffer from Parkinsons or dementia? Daniel will provide a response to Dr. Tribble's questions at the next Board meeting. Dr.

Tribble stated that he expects the total numbers to go up as we increase population but if the actual rate of people dying when they fall is increasing, that is alarming.

Aside from physical injury, effects of falls also include medical costs and psychological impacts within our communities. Some of the risk factors are modifiable and preventing falls is a team effort. Modifiable risk factors include home health safety checks to address items such as loose throw rugs in living rooms or bathrooms, grab bars in bathroom, improved lighting, and help accessing vision and hearing screening.

The Fit and Fall Proof™ program exercises can be modified so participants with a cane or walker can still participate. Classes are held two to three times per week for 45 to 60, which meets recommended guidelines for physical activity with two of those days being strength activities. The classes are organized into 10-week sessions. Class locations determine frequency of classes, but most classes are consecutive. Once a 10-week session is completed, participants begin another session. Classes are in a variety of locations such as recreation centers, senior centers, libraries, schools, and churches.

Progress is measured through a timed up and go assessment which has a participant sit in a chair with a cone 8 feet out from the chair and timing standing up, navigating to the cone, turning around and getting back to the chair. These assessments are taken at the beginning and end of each session. Boise State University compiles a quarterly and annual report showing the results of each health district as well as statewide data.

Benefits of class participation include maintaining independence, improving muscular strength, flexibility, balance and posture improvement, and improved mobility, endurance, and walking gait. Currently, classes in southwest Idaho are offered at 23 active class locations by 79 trained volunteer leaders and had 436 participants during quarter 3 of 2024. 86% of participants are female.

Dr. Tribble asked if we have local level data on fall deaths and if we have tracked fall rates over the decade this program has been implemented. Dr. Tribble also asked if we have data showing efficacy or a delayed fall risk. Daniel will work to provide follow up information to respond to Dr. Tribble's questions.

Commissioner Riebe asked about expansion of classes to more locations. Daniel explained that as funding allows, the program will seek opportunities to expand. Class leaders are volunteers and sometimes health or other circumstances prevent them from continuing on. In those instances, the location and instructor might change.

2025 IDAHO ASSOCIATION OF DISTRICT BOARDS OF HEALTH (IADBH) MEETING DATES

Discussion and planning for the 2025 IADBH meeting hosted by District 3 next year will be carried over to a future agenda.

DIRECTOR'S REPORT

Idaho Association of Counties (IAC) Fall Conference: The Role and Responsibilities with local public health and other agencies (September 23)

Nikki shared that the IAC Fall Conference is next week and public health district directors will be presenting information on the roles and responsibilities of local public health districts with other

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government agencies at 4pm in Room 110 CD on Monday, September 23. Nikki will be presenting the information and moderating the question-and-answer session.

IADBH Fall Conference Registration and Proxy Forms

The fall IADBH meeting is scheduled for October 22-24, 2024 in Idaho Falls hosted by District 7. The discussion of and voting on resolutions is scheduled at 2pm on October 24. Katrina will help Board members coordinate travel. Proxy forms will be available for board members unable to attend.

There being no further business, the meeting adjourned at 12:11 p.m.

Respectfully Submitted,



Nikole Zogg
Secretary to the Board



Kelly Aberasturi
Vice-Chairman

Date: October 22, 2024