

# Southwest District Health provides services in six counties in Southwest Idaho, spanning a population base of approximately 300,000 people. We employee over 100 people from our community who work in over 40 different professions.

# Office of the Director

The Office of the Director provides the leadership of the organization with an emphasis on long-term strategy and supports the Board of Health, our governing body. The team is also responsible for the medical and legal oversight of the organization, and communications.

### Family and Clinic Services Division

## **Behavioral Health Services:**

**Our licensed clinical social worker** serves adolescents and adults living within the six counties of Southwest District Health for a variety of behavioral and mental health issues. They conduct mental health assessments, offer counseling, and provide consultation and education related to mental health.

**Partnership for Early Diversion:** The Behavioral Health Partnerships for Early Diversion of Youth and Adults is a SAMHSA funded grant that aims to divert youth and adults at risk of a behavioral health crisis from law enforcement/justice system involvement to the crisis centers. Email the Early Diversion Program Coordinator Wendy Young at <u>wendy.young@swdh.id.gov</u>.

Western Idaho Community Crisis Center (WIDCCC): Crisis center located in Caldwell serving adults in need of mental health and substance use disorder crisis services. Location: 524 Cleveland Blvd., Suite 160, Caldwell, ID 83605 Call Now: 208-402-1044

**Western Idaho Youth Support Center (WIYSC):** SWDH is actively planning and working on opening a youth crisis center in Nampa to serve youth ages 10-17 years in the region who are experiencing a behavioral health crisis.

Location: 204 10th Ave S, Nampa, ID 83651 Questions: <u>Cas.Adams@phd3.Idaho.gov</u>

**Youth Resource and Opportunity Collaborative (YouthROC)**: YouthROC is a free safe teen assessment program providing upstream prevention support and resources to assist youth aged 10-17 with behavioral health needs. YouthROC is a single point of contact for teens and preteens struggling at home, school, or in the community by providing connection to community-based resources and services.

**Pre-Prosecution Diversion (PPD)**: PPD program is a partnership between Idaho Department of Corrections, Canyon County Prosecuting Attorney's Office, and SWDH. The PPD aims to reduce duplication and fill gaps and needs by creating a single-point of entry to reduce barriers to mental health and substance use prevention resources and decrease the rates of recidivism. The PPD program is a voluntary program available to any adults and is primarily intended to be a referral resource for law enforcement and serve adults charged with misdemeanors and assessed as low risk to recidivate.

**Nurse Family Partnership (NFP)**: provides first time moms with a free personal nurse to guide them through their pregnancy and on their journey as a new mom. There is an income eligibility requirement and must enroll by 28 weeks into pregnancy, though the earlier in pregnancy, the better! Our goal is to help first time moms and their family have the best health and development they want; find services and resources they need and meet their health and life course goals.

**Parents as Teachers (PAT)**: is an evidence-based home visiting model that promotes the optimal early development, learning and health of children by supporting and engaging their parents and caregivers. The program is offered to families who are expecting or have children from birth to kindergarten age. Services are delivered around four dynamic components: Personal Visits, Group Connections, Child Screenings and Resource Network. Parent educators use partnering, facilitating and reflecting in their work with families to promote parental resilience; knowledge of parenting and child development; and social and emotional competence of children to strengthen protective factors. To refer clients to PAT you can submit an electronic referral from the SWH PAT webpage, (PAT Webpage) or you can send an email to parentsasteachers@phd3.idaho.gov

**Clinic Services: The primary health clinics** of SWDH provide affordable healthcare services for the whole person, from birth to age 100+. These include chronic disease management, STD testing and treatment, sick patient visits, birth control, women's health, and so much more. Individuals can access clinical care at any of our 4 locations: Caldwell, Emmett, Payette, or Weiser. Daily, we empower those we serve to live longer and be healthier. For

vaccines, dental or medical visits refer clients to our appointment line (208) 455-5300 or to the front desk.

At SWDH, the **Immunization Program** offers a variety of vaccines for all ages, usually at a much cheaper price than can be found at most doctor's offices. From childhood immunizations to the shingles vaccine and more, these ensure members of our community stay well and avoid contracting many diseases. Immunizations are offered at our clinic locations in Caldwell, Weiser, Emmett, and Payette, as well as numerous outreach events held throughout the district. For vaccine visits refer clients to our appointment line (208) 455-5300 or to the front desk.

The **Oral Health Program** offers oral health preventive services to children under the age of 7 in the Caldwell clinic. The school based dental program provides dental sealants and fluoride varnish clinics along with oral health education to elementary students in our district. Our program is designed to empower families and children with proper knowledge about the importance of routine dental care and oral health maintenance and good dietary choices. For dental visits refer clients to our appointment line (208) 455-5300 or to the front desk.

This program provides a school **nurse for the Marsing School District**. The project is a collaborative effort between SWDH, Marsing School District, and strategic partners. It creates a SWDH primary-care medical clinic within the Marsing Idaho School District. The clinic provides essential healthcare services three days a week, focusing on routine check-ups, immunizations, minor treatments, and health education. The initiative aims to address the persistent healthcare barriers faced by residents, students, and staff within Marsing due to the community's remote location, leading to limited access to timely and quality medical services.

**Women, Infants and Children (WIC):** WIC is a short-term program that impacts a lifetime of nutrition and health behaviors. WIC provides services to women (pregnant, breastfeeding an infant, recently delivered), infants and children up to age 5 who live in Idaho and income eligible. WIC provides healthy foods, health screenings, referrals to community resources and promotes and supports breastfeeding. WIC is available at all 4 SWDH main locations as well as Homedale, Farmway, Council and Nampa. To refer clients to WIC have them call (208) 455-5300.

#### **Environmental and Community Health Division**

**Community Health:** The Community Health team focuses on enhancing community health through a variety of services aimed at improving overall well-being. Initiatives include health education, disease prevention, and promotion of healthy lifestyles. The organization works collaboratively with local partners to address public health challenges, offering resources such as tobacco cessation, fall prevention exercise classes, walkable communities, and vape prevention. By engaging the community and providing accessible health services, Southwest District Health strives to create a healthier environment for all residents in the region.

**Public Health Emergency Preparedness and Epidemiology Response (PHEPER):** The PHEPER team is dedicated to ensuring the community is prepared for public health emergencies. This initiative focuses on developing and implementing comprehensive emergency response plans, conducting training and exercises, and fostering collaboration among local agencies and organizations. PHEPER aims to enhance the region's capacity to respond effectively to emergencies, such as disease outbreaks or natural disasters, ensuring that essential health services remain accessible during crises. Through public education and proactive planning, the program seeks to safeguard the health and safety of the community in times of need.

**Environmental Health:** The Environmental Health program at Southwest District Health in Idaho is committed to promoting a safe and healthy environment for the community. This initiative encompasses a range of activities, including monitoring and regulating water quality, managing waste disposal, and ensuring food safety through inspections and education. The program addresses environmental hazards and works to prevent health risks associated with environmental factors, such as pollution and hazardous materials. By collaborating with local governments, businesses, and the public, the Environmental Health team strives to foster sustainable practices and protect the well-being of residents across the district.

#### **District Operations**

The District Operations (DO) Division provides support services to staff in the areas of finance and accounting, purchasing and receiving, information technology, custodial, building maintenance, human resources, organizational training and development, data/program evaluation, customer service, performance improvement, and strategic planning. Our DO staff members work in a team- oriented environment within our division to provide these services through exceptional customer service, communication, and attention to detail to help meet the needs of our internal customers and externally within our communities.