

Requirements for Trauma Focused Cognitive Behavioral Therapy Certification

1. Master's degree or above in a mental health discipline
2. Have an active professional license issued in the state of Idaho
3. A counseling caseload consisting of at least 25% children or youth clients
4. Complete the [TF-CBT Web 2.0](#) online course. It is preferred this is completed prior to attending the in-person training but it must be completed prior to certification. This web course is a self-paced, online training course for mental health professionals learning Trauma-Focused Cognitive-Behavioral Therapy. Completion of this online course will take approximately 11 hours and must be completed prior to the in-person training.
5. Attend both days of the two days in-person TF-CBT training. The training is scheduled for Thursday, March 19th and Friday, March 20th from 9am-5pm. Lunch will be on your own from 12p-1pm. Training will be held at:
Southwest District Health
13307 Miami Ln.
Caldwell, ID 83607
AGENDA: [TF-CBT Agenda 2026](#)
6. You must participate in at least 9 of 12 case consultation calls that will occur twice monthly.
7. You will need to complete three separate TF-CBT treatment cases with three children or adolescents with at least two of the cases including the active participation of caretakers or another designated third party (e.g., direct care staff member in a residential treatment facility). At least one case must be completed during the consultation call series. The other two required cases can be completed during the consultation call series or after the call series have concluded.
8. Use of at least one standardized instrument to measure trauma symptoms pre- and post- treatment intervention (TF-CBT) with each of the above cases.
9. Taking and passing TF-CBT Therapist Certification Program Knowledge-Based Test. This is a 40-question exam, and you must receive at least an 80% score.
10. Further questions? Go to the TF-CBT National Therapist certification program website at TFCBT.org or email: [Michelle Schildhauer](mailto:Michelle.Schildhauer@idhs.org)

To Apply for the Training: [Apply to Participate](#)

Your approved application for the training and certification will cover the online course, in-person training, virtual consultation and exam.

Application for the free training will be reviewed, and a response should be received within 5 to 7 days of submission.